

STAYING HEALTHY AND SAFE: HOMESCHOOLING

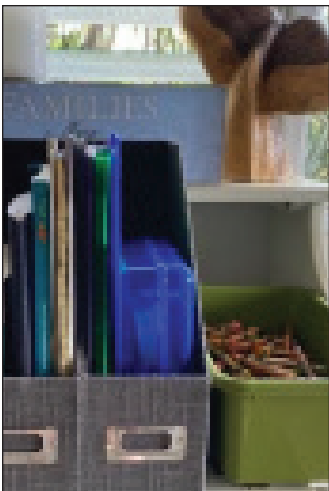
Our Impact Trainers remind everyone to take charge of your health and safety.



1. Find a quiet area with a lot of space to spread out your work.



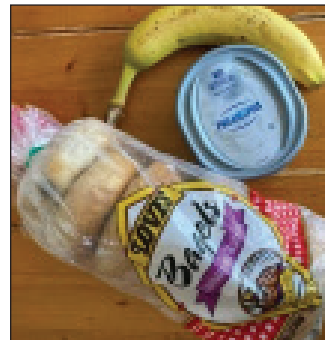
2. Use a binder with dividers. Put each subject into its own section.



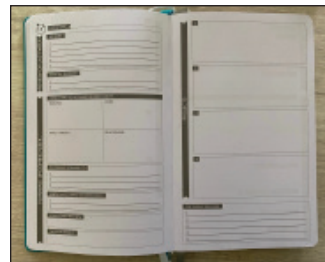
3. Save time searching for daily items. Put all of your supplies together in one place. Supply list: pencils, pencil sharpener, pens, coloring crayons, hole punch, glue, binder, and any school books.



4. Charge your laptop or tablet every night.



5. Create a schedule to eat breakfast, have snacks, and take breaks. This will help you stay focused while doing your work.



6. Schedule the time needed for each subject. This will help keep you on track without falling behind.

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7. Ask for help if you get stuck on a question or on something you don't understand. If your parents or caregiver don't know the answer, they can call your teacher. Your teachers would love to help you!



8. Save your favorite subject for last. Start with an assignment that you don't enjoy as much and move on to something that is interesting and fun for you.



9. Find a comfortable spot outside or inside for reading. You can get lost in a book if you are comfortable.



10. This won't last forever. You will return back to school one day and see your teachers and friends again. For now, make the best of it and enjoy the time that you have at home.

